

# 4-H UPDATE



## Midway District 4-H Newsletter

MIDWAY DISTRICT 4-H PROGRAM represents  
ELLSWORTH AND RUSSELL AREA 4-H CLUBS

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210 N. Kansas Ave.  
Ellsworth, KS 67439  
(785) 472-4442

RUSSELL OFFICE  
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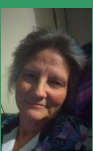
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Office Professional-Russell

Summer is right around the corner, and if you are like many parents, you are wondering how you will keep the kids busy when school is out.

The Midway Extension District was able to take advantage of a state- wide grant program through Kansas 4-H and the Kansas Department of Education. We have two young people joining our team this summer who will be providing focused educational opportunities through several partners.

Besides attending these program, you can make projects for the county fair. Including taking photos, building rockets, designing a cabinet, collecting insects, tending to livestock, etc. These are some of the fun activities the Kansas 4-H program has to offer. These activities are part of a much bigger, project-based learning process to prepare kids for the future.

To help youth learn about the project, Kansas 4-H has Clover Classroom challenges that will enhance the learning, leadership and community service within each project area. Don't forget to fill out the evaluation survey after completing your challenge so that we can continue to make improvements. New project challenges are constantly being developed, so check the website often.

<https://www.kansas4-h.org/resources/leader-resources/cloverclassroom/index.html>





# Russell Report



## 2023-2024 RS County 4-H Council Officers

President  
Kierra Eck

Vice President  
Conner Miller

Secretary  
Katelyn Haddock

Treasurer  
Teagen Pfeifer

Reporter  
Charlie Herbel

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4-H Council Meeting  
May 20 at 7:00pm

Be prepared for these  
meetings with officer and  
committee reports!

\*\*\*\*\*

Russell Fair Board Meeting  
May 13 at 7:00pm

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4-H Junior Leaders  
May 20 at 6:15pm

## 2024 Russell Fair Book Changes

### Livestock

- 1) Grand Champion market, and breeding livestock in beef, swine, sheep, and goats are eligible to attend Tri- State Royal. If the grand champion is unable to attend, the reserve champion can participate in its place. An animal is only eligible to attend if a completed and signed "intent to attend/sell" form is filled out and on file with the Midway District extension office.
- 2) If an exhibitor plans to sell their market animal through the Russell County Free Fair livestock sale, a completed and signed intent to sell form indicating they plan to enter the Tri-State Royal MUST be on file with the Midway District extension office to be eligible.
  - a. If you sold/plan to sell your animal through the fair sale, it is highly encouraged to insure your animals prior to attending Tri-State Royal. This will protect both the seller and the buyer.
  - b. If an eligible market animal is sold through the Russell County Fair livestock sale, the animal remains the responsibility of the exhibitor through the Tri-State Royal. It is the EXHIBITOR's responsibility to schedule a locker spot for this animal, care for, and deliver this animal to the locker on processing day, UNLESS other arrangements have been made with the buyer.
- 3) One showmanship contestant per species will be selected at the Russell County Fair to participate at Tri-State Royal annually. Tri-State Royal rules specify "showmanship class is one only (all ages) per species. There is NOT a separate Junior, Intermediate, Senior."

### Livestock Sale

16. This event is a terminal sale, meaning that if an animal is sold it CAN'T be shown again, unless arrangements have been made for that animal to be shown at the Tri State Royal show in Goodland KS as a County Fair Grand Champion the first week of August.
17. Livestock buyers can "Keep" or "Turn Back" any animal they buy during the sale. The auctioneer will ask the buyer if they want to "Keep," or "Turn Back" each animal they purchase.
18. Please read the following explanations carefully to understand how the sale works.
  - a. Keep: Buy an animal through the sale for the market (base) price published in this sale bill, PLUS the premium price...and keep it for a butcher animal. It is the buyer's responsibility to make processing and delivery arrangements to the locker plant of your choice. Please check with the exhibitor of each animal purchased, as they may have already reserved a locker spot for that animal. All "Keep" animal's must be removed from the fairgrounds by 10 a.m. on the Saturday morning after the sale.
  - b. Turn Back: Buy the animal and pay only the premium price. The animal becomes the responsibility of the Russell County Fair Board.
19. Animals sold through the sale become the property of the new buyer OR the Russell County Fair Board immediately after the animal is sold.

### Foods and Nutrition

#11 For food safety purposes, any entries with frostings and fillings must calculate the amount of sugar in the frosting/filling recipe only. Calculation must be attached to entry, or the placing will be lowered one ribbon when judged. Frosting and fillings need to contain more than 65% sugar for safety. Examples on how to calculate this percentage are included in the publication located at:

<https://bookstore.ksre.ksu.edu/pubs/MF3544.pdf>



# Ellsworth Events



## 2024 Ellsworth Fair Book Changes

### 2023-2024 EW

### County 4-H

### Council Officers

President  
Molly Ehrlich

Vice President  
Ashlyn Schwerdtfeger

Secretary  
Brekyn Zier

Treasurer  
Addie Janzen

Reporter  
Josey Norris

\*\*\*\*\*

4-H Council Meeting  
June 24 at 6:30pm

Be prepared for these meetings with officer and committee reports!

\*\*\*\*\*

Fair Association Meeting  
July 1 at 6:30pm

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EW Junior Leaders Meeting  
June 24 at 7:00pm

#### Other

No parents talking to judge until ribbon placing awarded  
Page 6- Code of Ethics: Fair Association will stand by the 4-H Code of Conduct and have the ability to revoke ribbon money and auction participation.

Adding the 4-H Code of Conduct on page 7

#### General Barn Rules

Livestock cannot be watered in the barn. Water animals in designated areas.

#### Livestock Sale

#3 add- market lamb and market hog

#13 Animals may only be sold through the Ellsworth Premium auction only once in their life time.

#### Beef

No cow/calf pairs can be in the overall female drive

#### Goat

Horns need be rounded before coming to the county fair.

Removing Registered goats

All wethers goats must have baby teeth in place with no visible signs of permanent teeth. The decision of the mouter is final.

#### Foods and Nutrition

For food safety purposes, any entries with frostings and fillings must calculate the amount of sugar in the frosting/filling recipe only.

Calculation must be attached to entry, or the placing will be lowered one ribbon when judged. Frosting and fillings need to contain more than 65% sugar for safety. Examples on how to calculate this percentage are included in the publication located at:

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#### Photography

#2 adding- Photo images must be taken by the 4-H Member (exhibitor).



# Family Resource Page



**Many of the events and paperwork- most definitely the paperwork- for 4-H can be overwhelming for new 4-H families! This page will be used to highlight things that may be helpful to know in regard to upcoming events, deadlines, and necessary documents. Your Club Leader is also a great resource!**

## Getting Ready for the Fair

It's only May, but it is already time to start getting ready for fair! Livestock participants identify early on which steer, goat, or hog they are taking to the county fair. They should remember to continue to practice and spend time with their animal so that they are able to handle them come fair time.



It is also a great time to begin preparing your non-livestock entries as well; start testing out which cookies or pie you might want to bring, tweak your recipe and practice, practice, PRACTICE. Make sure you are taking a variety of pictures so you will have plenty to choose from when it comes time to enter your photography project, and it never hurts to pick up some scrap fabric to touch up those sewing skills!

Starting on these things now can help reduce the stress around fair time and help you have a better end product that you are more excited and knowledgeable about to present to the judge.

Please remember we have resources available at both offices that can be checked out to 4-H families on a wide variety of project areas that can be used for project work.





# Learning Center



## LEADERS.... DID YOU...

### REVIEW

- 4-H Update Important Dates/Deadlines (Calendar)

### TO DO

- Check mailbox at the Extension Office
- Report from 4-H Council Meetings
- Provide any leadership changes to the Extension Office ASAP
- Update Volunteer Renewal information

### PROMOTE/RECRUIT

- 4-H members: ask a friend to attend meetings
- Encourage current 4-H members to review and complete applications for KYLF, Citizenship in Action, Citizenship Washington Focus
- Remind all 4-H members and parents who are volunteers to enroll via 4-H Online
- The Extension Office has a copy of the Cloverbud handbook for each club- please provide this resource to your club Cloverbuds
- Provide officers and clubs leadership updates as soon as possible to the Extension Office

## Local Record Keeping and Project Awards

Record keeping and Project Reporting are valuable skills taught to members of the Kansas 4-H program. Members are encouraged to keep a permanent record of all 4-H and non-4-H experiences and are encouraged to summarize their experiences on the Kansas 4-H Project Report Form for project recognition.

To help you through this process, please refer to the [Guide to Kansas 4-H Project Recognition](#).

This guide and all other supporting records/forms are available online [HERE](#).

The Kansas 4-H Project Award is a project-specific record which is eligible for county awards and may be selected for regional and state competition (for seniors). It provides the 4-H member an opportunity to really delve into their project, practice writing, and presentation skills, and share in-depth learning about a specific project area. This is often much less about the ribbon you earned as it is about the knowledge you learned!

### What is included in a Record Book?

The basic record keeping book includes :

- Personal Information Page
- 4-H Story
- Project Report Forms (age specific and two different categories-General or Animal). One per project.
- Permanent Record

\*\*\* If you are 14 or older and your project report form is selected

to move on to the regional level, you will have additional documents required in your submission including:

- Cover Letter
- Resume





# Senior Spotlight



My name is Merissa Myers, and I go to Russell High School. I am a member of Lone Star 4-H Club. My favorite Project has been Food & Nutrition because I love baking and trying new recipes- it's my way to relieve stress! I plan to attend Fort Hays State University and major in Medical Diagnostic Imaging. 4-H has shaped my life because I have become a very successful leader through my years of 4-H. I am a third generation 4-Her- my mom and my grandma were both 4-Hers.



My name is Kierra Eck, I go to Russell High School and a member of Sunflower 4-H Club. In 4-H, I've come to have a great appreciation for the profound influence people can have on me. From day one I have looked up to the 4-H members that are older than me, I've found inspiration and guidance, shaping my passions and what I aspire to do for my career. Along the way, I've made the most amazing friendships with people that truly understand me for who I am and what I love with our 4-H backgrounds that we value together. The memories we've created are timeless treasures, bound to bring us laughter, tears, stories for years to come.

The experiences I have had are priceless and endless, I have been able to be very active within my community, my state and my nation. I have taken every opportunity I have to give back through community service and helping others and the wonderful land we live on that gives so much back to us. By doing this I have a great respect for the community that has supported me while I have found who I am. I have also done my best to be a strong lead and teach others valuable skills that will lead them in their lives. I will continue to lead others and lend a helping hand in any way I am able to do so.

I plan to attend either Barton County Community College or Fort Hays State University and complete my general education classes. I will then transfer to Kansas State University to finish my degree in Agriculture Business and Youth Development. By being at Kansas State University I will have the opportunity to get more acquainted with the extension program and help me with my future career.



# Senior Spotlight



Conner Miller is the son of Jenna Miller and the late Dru Miller. He is the oldest of 6 children and a 12 year member of the Big Creek 4-H Club in Gorham where he serves as the current Secretary. Conner is the current Vice President of the Russell County 4-H Council, and has also served as the past Big Creek President, Vice President and Council Treasurer. Conner's 4-H career began as a quiet 7 year old boy showing in local and area Dog Shows, performing his violin and piano at County and Regional 4-H Days, baking and entering cookies for the fair, and has developed into a confident and resourceful leader who has enjoyed participating in many additional projects including Poultry, Woodworking, Rocketry, and Photography. Conner has entered many of these projects at the Kansas State Fair and has also participated at the State Dog Show and State Style Revue. Conner's extensive involvement in the Performing Arts project has led him to add cello, trumpet, and French horn to his musical resume, and pursue a future career as a music educator. He will be attending Fort Hays State University this fall, majoring in Music Education.

I'm Anna Thielen a senior at Russell High School and a member of the Wilson Winners 4-H Club. My favorite projects are the horse and dog project. I like being able to build off of the previous year and get better with both my horse and dog. 4-H has given me many skills that I will carry with me throughout life such as confidence, perseverance, and taught me hard work. I have been tested in these skills several times but not without the support and help of other 4-Hers and adults in my county. My advice to younger 4-Hers is to enjoy both the good and the bad, the hard and the easy. It goes quickly. My plans for next year is to go to Kansas Wesleyan to major in exercise science while playing on their women's basketball team.





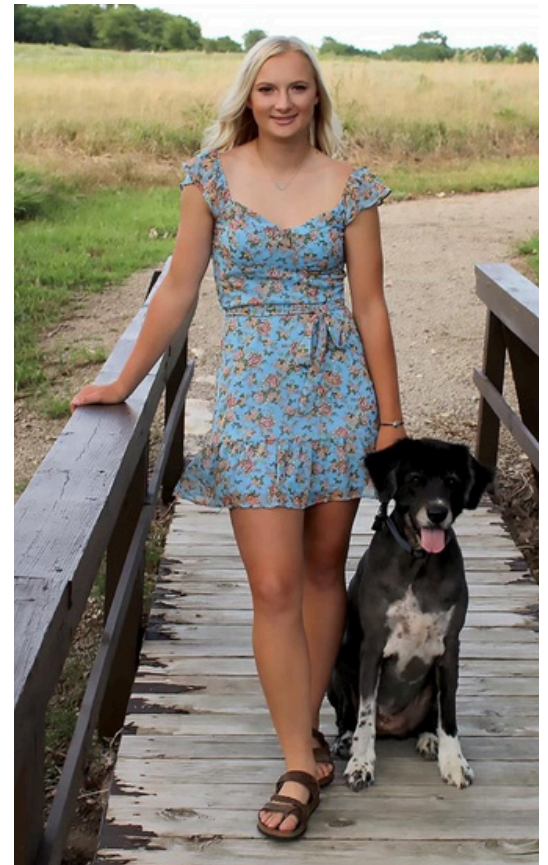


# Senior Spotlight



My name is Skylar Vaughan Meier, and I go to Ellsworth High School. I am a member of Trying Tommies 4-H Club. I am enrolled in multiple projects: Food & Nutrition, Pets, Dairy Goat, Meat Goats, Photography, and Rabbits. Skylar works with his buns when he isn't gaming for therapy animals. He knows not every person can use a cat or dog as a therapy support so rabbits usually fit that bill. He has American Sables Mini Lops and his buns and Dapple Boer goats he has for sell if people are interested in what he does.

Emma Cline is graduating from Sylvan/Lucas Unified High School. She has been a member of the Wolf Creek Valley 4-H Club for 9 years. She was also a tag-along before she became a true 4-H member. Throughout the years, Emma has participated in projects with poultry, photography, foods and visual arts. But the poultry project has been her favorite. She began poultry as a tag-along and when she became of age she served as a junior leader. She has enjoyed watching the poultry project grow throughout the years. She has also watched the younger 4-Hers learn and grow in the project. In her down time, Emma has spent many hours volunteering with a variety of activities in her local community. The years of being involved in 4-H and volunteering in the community have taught her many life skills, but most importantly it has taught her how rewarding it is to help others. After graduation, Emma plans to attend Sterling College to play volleyball and pursue a major in business management.







# Senior Spotlight



My name is Noah Goss, and I go to Ellsworth High School. I am a member of County Liners 4-H Club. There are several projects I'm enrolled in: Beef, Sheep, Swine, Photography and Food and Nutrition. My favorite project is Beef. My plans for next year is to attend Lake Land College in Illinois and will be on livestock judging team. 4-H has given me the opportunity to develop leadership in and outside of agriculture and given me the confidence to branch out and take many new opportunities. I am not a first generation 4-Her, both my parents have been in 4-H. One advice I would like to pass down to the younger 4-H members is try as many things as possible to find out what you like and make as many friendships and connections.

My name is Rebekah Vague, and I go to Ellsworth High School. I am enrolled in Sheep and Fashion Review projects. My favorite project is sheep. Through this project, I have learned to keep pushing forward even when things get difficult. I plan to attend Fort Hays State University and major in Agriculture Business with a minor in Banking and Finance. Without having participated in 4-H I would not have many of the skills and abilities that I have today. I am not a first generation 4-Her. My advice for younger 4-H member is don't be afraid to try new things to find out what you love.



I am Trenton Hays and I am attending Ellsworth Junior Senior High School. I am currently enrolled in the Ash Creek 4-H club. I am in shooting sports, market steer, and ag fabrication. My favorite project was building a utility trailer for last year's fair because of how much use I get out of the trailer. I have already enlisted in the Air National Guard and will be attending K-state next year to major in agronomy. 4-H has shaped my life by making me be more social and take up leadership positions in my club. One of my proudest moments in 4-H was when I went to nationals for compound archery. Nationals was in Nebraska and I met many people through this event. I was also a project award winner for shooting sports in Kansas last year. I am not a first generation 4-Her as my mom had been in 4-H before. Some advice I would give is for younger members to not procrastinate on their record books or KAPs as they are hard to catch up on.



# 4-H Happenings



**PROJECT FAIR**  
*Day Camp*  
Led by Ellsworth County Jr. Leaders

Wednesday, June 5  
from 1:00-4:00PM

Ellsworth Recreation Center  
221 W. Douglas, Ellsworth, KS 67439

Youth going into 2nd , 3rd, 4th, 5th, and 6th grades

Stations include: Visual Arts, Photography, Robotics, Shooting Sports, and Small Livestock.



This event is FREE, but RSVP Required by Wednesday, May 29th.  
Scan the QR code or register at:  
[https://kstate.qualtrics.com/jfe/form/SV\\_9MHrg0jKmqKLVI](https://kstate.qualtrics.com/jfe/form/SV_9MHrg0jKmqKLVI)

**DANE G. HANSEN FOUNDATION**

**K-STATE** Research and Extension | Midway District

K-State Research and Extension is committed to providing equal opportunity for participation in all programs, services and activities. Program information may be available in languages other than English. Reasonable accommodations for persons with disabilities, including alternative means for communication (e.g., Braille, large print, audio tape, and American Sign Language) may be requested by contacting the event contact Karrie Van Winkle two weeks prior to the start of the event at 785-483-5137 and karrievan@ksu.edu. Requests received after this date will be honored when it is feasible to do so. Language access services, such as interpretation or translation of vital information will be provided free of charge to limited English proficient individuals upon request.

**K-STATE** Research and Extension | Midway District  
**RUSSELL COUNTY 4-H JUNIOR LEADERS**



**RUSSELL COUNTY FAIR ADULT SHOWMANSHIP**

Adult showmanship will be following each 4-H species show.

- 4-H Goat and Sheep Show- Tuesday, July 23 at 6:00pm
- 4-H Swine Show- Wednesday, July 24 at 8:30am
- 4-H Rabbit and Poultry- Wednesday, July 24 at 10:00am
- 4-H Beef - Wednesday, July 24 at 6:30pm

**Prizes will be given to the winners of each species!**

**A SIGN UP WILL BE AT THE LIVESTOCK ANNOUCERS STAND. ADULTS WILL HAVE TO FIND THEIR OWN SPECIES. THEY CAN BORROW A 4-HERS OR BRING THEIR OWN ANIMAL.**

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**K-STATE** Research and Extension



**DISCOVERY DAYS**



## Kansas 4-H Discovery Days is planning to be in-person on KSU campus June 5-7th, 2024.

Youth ages 13-18 before January 1, 2024 are invited to register.

Registration is now open! Classes will fill fast!

[https://kstate.qualtrics.com/jfe/form/SV\\_cYEpUBOXOdHYFWm](https://kstate.qualtrics.com/jfe/form/SV_cYEpUBOXOdHYFWm)

What is Discovery Days?

- Help youth learn new ideas, techniques, and skills they can use personally and in their 4-H clubs or groups and communities.
- Give youth in-depth training through hands-on educational sessions from content and youth development experts.
- Prepare youth to make informed decisions about their careers and college path.





# Upcoming Events



**May 1**

4-H Online enrollment is due to show at the county fair

**May 1**

4-H online Add/drop Project deadline

**May 1**

Horse Identification Certificates due to the Extension office

**May 27**

Memorial Day - Offices Closed

**June 5**

Project Fair Day Camp  
Hosted by the Ellsworth Jr. Leaders

**June 5-7**

Discovery Days

**June 21-22**

Kansas 4-H Insect Spectacular

Upcoming Events: Be sure to regularly check the Midway District website for upcoming shows and clinics.

[www.midway.k-state.edu/events/areashows.html](http://www.midway.k-state.edu/events/areashows.html)



[www.facebook.com/Midway4H](http://www.facebook.com/Midway4H)  
[www.facebook.com/MidwayKSRE](http://www.facebook.com/MidwayKSRE)



@Midway4H @MidwayKSRE



@ksre\_midway

If you would prefer receiving this newsletter via mail (in addition to the email and posted version), call the Extension Office at (785) 483-3157 and we will add you to the mailing list.

**Karrie will be working in the Ellsworth Office**

May 2      May 7  
May 23     June 3  
June 24



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## May 2024

AC-Ash Creek, BC-Big Creek, CL-County Liners, EH-Elkhorn,  
LS-Lonestar, SF-Sunflower, SS-Shooting Sports,  
TT-Trying Tommies, WW-Wilson Winners, WCV-Wolf Creek Valley

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
			MAY 1 DEADLINES			4
5 Club Meetings: BC	6 Cinco de Mayo Club Meetings: ECFA Meeting		7	8 4-H CAMP SCHOLARSHIP APPLICATIONS DUE	9 Extension Board Meeting - RS	10
11						
12 Mother's Day Club Meetings: SS	13 Club Meetings: RS Fairboard		14	15 Club Meetings: WCV	16	17
18						
19 Club Meetings: AC/WW/LS/SF/CL	20 Club Meetings: RS Council & RS Jr. Leaders Meeting		21	22	23	24
25						
26 Club Meetings: EH/TT	27 Memorial Day		28	29	30	31

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## June 2024

AC-Ash Creek, BC-Big Creek, CL-County Liners, EH-Elkhorn,  
LS-Lonestar, SF-Sunflower, SS-Shooting Sports,  
TT-Trying Tommies, WW-Wilson Winners, WCV-Wolf Creek Valley

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 Club Meetings: BC	3		4	5 EW Jr. Leader Day CAMP	6	7
8						
9 Club Meetings: SS	10 Club Meetings: RS Fairboard		11	12 Flag Day	13 Extension Board Meeting - EW	14
15						
16 Father's Day Club Meetings: AC/WW/LS/SF/CL	17		18	19 Club Meetings: WCV	20	21
22						
23/30 Club Meetings: TT/EH	24 Club Meetings: EW Council EW Jr. Leaders		25	26	27	28
29						