

# 4-H UPDATE

4-H Grows  
Here

## Midway District 4-H Newsletter

MIDWAY DISTRICT 4-H PROGRAM represents  
ELLSWORTH AND RUSSELL AREA 4-H CLUBS

ELLSWORTH OFFICE  
210 N. Kansas Ave.  
Ellsworth, KS 67439  
(785) 472-4442

RUSSELL OFFICE  
309 S. Fossil Ave.  
Russell, KS 67665  
(785) 483-3157

## Midway District Staff



### Karrie Van Winkle

4-H Youth Development  
karrievan@ksu.edu



### Clint Laflin

Livestock  
cllaflin@ksu.edu



### Jessica Kootz

Family and Consumer Sciences  
jessicak@ksu.edu



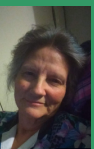
### Craig Dinkel

Crops/Horticulture  
cadinkel@ksu.edu



### Rutika Bhakta

Office Professional-Ellsworth  
rutikab@ksu.edu



### Diane Johnson

Office Professional-Russell

It's hard to believe Thanksgiving is just around the corner! Despite the crazy year, I have a lot to be thankful for this year. I am very thankful for the people who have made my life fulfilling. I am thankful for my family, who is constantly supporting my busy schedule. I am thankful for coworkers who have the same mission and vision and truly want to, "Make the Best Better!" I am thankful for my 4-H family who continue to make a difference in their communities. What do you want to give thanks to this holiday season? Make sure you let those around you know why you are thankful.

A few ideas to celebrate Thanksgiving ...

1. Set up a thank-you card station. Let the kids make handwritten thank-you notes for their family, friends and everyone at the party.
2. Scribe a thankful pumpkin with all the things your family is thankful for. Hand out markers and have each person write what they are thankful for on the thankful pumpkin.
3. Ask everyone to go around the table and share one thing they are thankful for this holiday season.
4. Create a gratitude wall. Have cut outs of different fall shapes (leaves, pumpkins, cornucopias, etc.) Have people write their gratitude's on the shapes and display them on a wall or window.

I hope this holiday season finds your family well and that you get some down time to reflect on the past year and all you are thankful for!

*Karrie Van Winkle*





# Russell Report



## 2023-2024 RS County 4-H Council Officers

President  
Kierra Eck

Vice President  
Conner Miller

Secretary  
Katelyn Haddock

Treasurer  
Teagen Pfeifer

Reporter  
Charlie Herbel

\*\*\*\*\*  
4-H Council Meeting  
November 25 at 7:00pm

Be prepared for these  
meetings with officer and  
committee reports!

\*\*\*\*\*  
Russell Fair Board Meeting  
November 11 at 7:00pm

\*\*\*\*\*  
4-H Junior Leaders  
November 25 at 6:00pm

### Russell 4-H Council Scholarship

The Russell 4-H Council offers a scholarship for state events costing more than \$150. 4-H members earn this scholarship by working their shift at the 4-H Food Stand during the Russell County Free Fair.

In order to receive this scholarship, you must turn in an application with the registration for the event!

### Russell County 4-H Development Fund Eulert 4-H Camp Scholarship

This scholarship is available to any Midway-Russell County 4-H Member who is attending the Rock Springs Ranch 4-H Camp. The 4-H member must tell at least one group of youth about their camping experience and report their presentation to the Extension Office by September 30th of the current 4-H year. Applications are DUE August 1st.

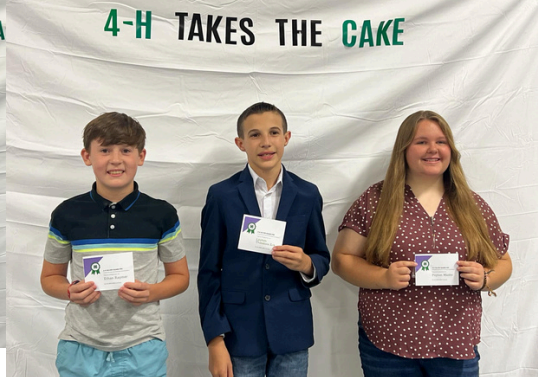
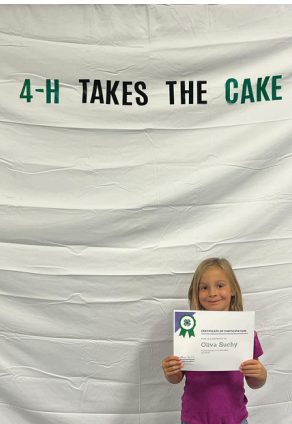
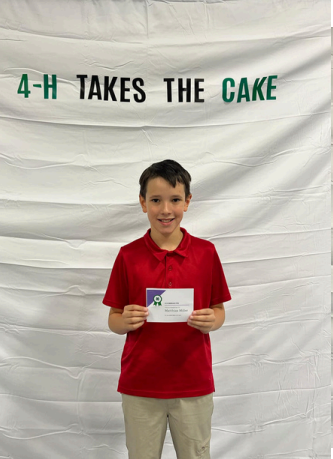
### Russell County 4-H Development Fund Event Scholarship

This scholarship is available to any Midway-Russell County 4-H Member attending a 4-H Event. The 4-H member must tell at least one group of your about their experience and report their presentation to the Extension Office by August 1st of the current 4-H year. Applications can be submitted any time prior to the actual event.

**All of these scholarship opportunities and more can be found [HERE](#) under the scholarship tab.**



# Russell Report





# Ellsworth Events



## 2024-2025 EW County 4-H Council Officers

President  
Hannah Vague

Vice President  
Brekyln Zier

Secretary  
Brooklyn Thielen

Treasurer  
Leah Howard

Reporter  
John Barta

\*\*\*\*\*

4-H Council Meeting  
February 24 at 6:30pm

Be prepared for these  
meetings with officer and  
committee reports!

\*\*\*\*\*

Fair Association Meeting  
November 4 at 6:30pm

\*\*\*\*\*

EW Junior Leaders Meeting  
January 6 at TBA

## 2023-2024 Ellsworth County Achievement Banquet Picture Yourself with 4-H

Saturday, November 9, 2024  
7:00pm

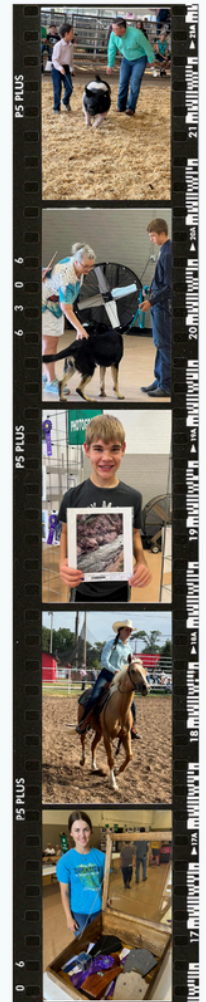
Ellsworth JR/SR High School  
211 W 11th St. Ellsworth, KS 67439

Ellsworth 4-H Council will be  
providing a dessert bar



RSVP deadline is Friday, November 1st  
at 11:59pm

To register use the link or QR code.  
[https://kstate.qualtrics.com/jfe/form/SV\\_1XGT9XjjDozWla6](https://kstate.qualtrics.com/jfe/form/SV_1XGT9XjjDozWla6)



### Ellsworth 4-H Council Scholarship Application

The Ellsworth 4-H Council offers an event scholarship that can be applied for by 4-H members.

- Submit the application two weeks prior to event or at time of event registration deadline
- Applications received later than 30 days following the event will not be honored.
- Recipient must give a presentation to local 4-H club or 4-H council following the event.
- Scholarship check will be issued after the presentation is verified by local 4-H club leader or Extension Agent.
- A 4-Her may receive no more than \$150\* in total event scholarships each year (October 1- September 30). You may only request up to 1/3 of the total cost of each event.
- Rock Springs Ranch 4-H Camp attendees will be awarded not more than \$50.
- National 4-H events do not count toward the \$125 cap and are considered on an as needed basis.



# Family Resource Page



**Many of the events and paperwork- most definitely the paperwork- for 4-H can be overwhelming for new 4-H families! This page will be used to highlight things that may be helpful to know in regard to upcoming events, deadlines, and necessary documents. Your Club Leader is also a great resource!**

## Online Record Keeping with Z-Books

Youth may choose to use either record keeping option: a.) the fillable PDF Project report forms or b.) the online ZBooks software

The Permanent Record is included in ZBooks. If you choose to keep records with ZBooks, do not feel like you have to transfer over all of your previous years' activities into the online Permanent Record. Start with this year and attach it to your previous document.

Zbooks is an online record keeping software and is identical to the New Project Report Form pdf - meaning 4-Hers and families now have the option to choose which format they feel most comfortable using. Families can continue to fill out the form fillable pdf version of Project Report Forms or they may opt to keep their records online with ZBooks. Both are evaluated using the same rubric and the same set of standards.

Some features of ZBooks:

- Mobile friendly - jot down notes, weights, ear tags, expenses, etc on the spot
- Internet based - you can work on them from any device that is connected to the internet
- Unlimited amount of entries until final report is submitted - youth select the allowed number of entries to print on final report, allowing them to summarize and prioritize
- Permanent Record is also included
- Extension staff have the ability to view member's progress, send reminders, upload local forms, etc.
- Adult Volunteers may receive viewing rights for members in their clubs and/or project areas so they too can track progress, coach and encourage record keeping
- Live online ZBooks chat feature

For more information click [HERE](#)

To make an account and to sign in click [HERE](#)



# Learning Center



## LEADERS.... DID YOU...

### REVIEW

- 4-H Update Important Dates/Deadlines (Calendar)

### TO DO

- Check mailbox at the Extension Office
- Report from 4-H Council Meetings
- Provide any leadership changes to the Extension Office ASAP
- Update Volunteer Renewal information

### PROMOTE/RECRUIT

- 4-H members: ask a friend to attend meetings
- Encourage current 4-H members to review and complete applications for KYLF, Citizenship in Action, Citizenship Washington Focus
- Remind all 4-H members and parents who are volunteers to enroll via 4-H Online
- The Extension Office has a copy of the Cloverbud handbook for each club—please provide this resource to your club Cloverbuds
- Provide officers and clubs leadership updates as soon as possible to the Extension Office

## What is the Favorite Foods Show?

The Favorite Foods show combines planning an event with learning about nutritional value and setting a table. The Extension Office has a handbook that can provide additional information. This can be found [HERE](#).

- Pick a dish that is your favorite! It can represent any course of a meal. You will need to have the recipe turned in by January 8th.
- Pick a theme and create an event based off of your recipe.
- Plan your place setting (card table-sized) to tie into your theme.
- Plan your menu around your theme and particular favorite recipe.
- On January 19th, you will set up your place setting, include your menu, and prepare your selected recipe. During a consultative judging, you will have the opportunity to share your idea, recipe, and place setting with a judge for constructive feedback.

### Favorite Foods Show coming January 19!

\*\*4-H Council—as you select representatives from your club for 4-H Council, please remind them of the responsibility and expectations of serving as a Council representative. This is the opportunity to share information at Council with your club and bring information back from Council to each club meeting.

## What is Club Day?

Club Day is an opportunity for 4-H members to demonstrate their talents in several different areas in front of judges and other 4-H members and families. Club Day will be held Sunday, February 23.

Members must be enrolled in 4-H Online by December 1 to participate in Club Day. Club Day entries are due to the extension office by Wednesday, January 22. There is also a handbook for this available at the Extension office and on our website [HERE](#).

### Categories include:

- Project Talk
- Show and Tell
- Demonstration
- Illustrated Talk
- Public Speaking
- Talent (dancing, skits, magic tricks, etc.)
- Singing
- Instrumental Skills
- Reading
- Resume/Interview
- Model Meetings



# 4-H Happenings



## Russell County 4-H Shooting Sports

Parents and youth - please join us to learn about practice times, rules, requirements, qualifying matches, and ask any questions!

**INFORMATION MEETING & REGISTRATION**

BB Gun (ages 9-15)  
Air Rifle (ages 10-18)

**Tuesday, Nov. 12, 5:30 p.m.**  
**4-H Building, South Room**

## BEYOND READY

### 4-H Officer Training

November 15, 2024

6:00p.m. - 8:30p.m.

4-H Educational Building - Great Bend, KS

601 N Hwy 281, Great Bend, KS

If you've been elected to an important office in your 4-H Club. Come learn your roles and responsibilities for your club. 4-H alumni and other volunteers will be presenting the sessions.

Pizza and drinks will be provided

RSVP with the link provided or the QR code by November 6th



[https://kstate.qualtrics.com/jfe/form/SV\\_1zQ8Zp5wRgWnTLO](https://kstate.qualtrics.com/jfe/form/SV_1zQ8Zp5wRgWnTLO)

Barton County—620-793-1910  
Ellis County—785-628-9430  
Midway District—785-483-3157

Parents come learn how to take your role BEYOND as a parent, leader, and volunteer. By learning about online resources, policy, and and helping 4-H'ers Thrive.

**K-STATE**  
Research and Extension



K-State Research and Extension is committed to providing equal opportunities for participation in all programs, services and activities. Program information may be available in languages other than English. Reasonable accommodations for persons with disabilities, including alternative means for communication (e.g., Braille, large print, audio tape, and American Sign Language) may be requested by contacting the event contact Karrie Van Winkle two weeks prior to the start of the event on November 13th at 785-483-3157 or karrievan@ksu.edu. Requests received after this date will be honored when it is feasible to do so. Language access services, such as interpretation or translation of vital information will be provided free of charge to limited English proficient individuals upon request.

SAVE

**2024-2025  
BEEF WEIGH IN**

ELLSWORTH  
ANIMAL HOSPITAL  
FEBRUARY 15TH  
FROM  
8:00AM-11:00AM

THE

DATE

RUSSELL  
VETERINARY SERVICE  
FEBRUARY 16TH  
FROM  
2:00PM TO 5:00PM

**\*\*Re-enrollment—please have current families complete re-enrollment by December 1 if they want to participate in District Club Day! Also, volunteers will need to update their volunteer status at this time!**



# Upcoming Events



## November 1

Club Officers to the Extension Office

## November 3

Project Fair at Russell 4-H Building

## November 9

Ellsworth Achievement Banquet

## November 11

Offices closed due to honor Veterans Days

## November 15

Officer Training

## November 28 & 29

Offices closed due to celebrate Thanksgiving

## December 1

4-H Online Enrollment Due to do District Club Day

## January 8

Favorite Food Show entries due

## January 19

Favorite Food Show

## January 22

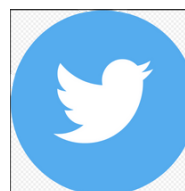
District Club Day Entries Due

Upcoming Events: Be sure to regularly check the Midway District website for upcoming events.

<https://www.midway.k-state.edu/events/>



[www.facebook.com/Midway4H](http://www.facebook.com/Midway4H)  
[www.facebook.com/MidwayKSRE](http://www.facebook.com/MidwayKSRE)



@Midway4H @MidwayKSRE



@ksre\_midway

If you would prefer receiving this newsletter via mail (in addition to the email and posted version), call the Extension Office at (785) 483-3157 and we will add you to the mailing list.

### Karrie will be working in the Ellsworth Office

November 6    November 19  
December 5    December 10  
December 19



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## November 2024

AC-Ash Creek, BC-Big Creek, CL-County Liners, EH-Elkhorn,  
LS-Lonestar, SF-Sunflower, SS-Shooting Sports,  
TT-Trying Tommies, WW-Wilson Winners, WCV-Wolf Creek Valley

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 <b>CLUB OFFICER WORKSHEETS DUE</b>	2
3 Club Meetings: BC	4 Club Meetings: ECFA Meeting	5	6	7	8	9 <b>EW Achievement Banquet</b>
10	11 Veteran's Day <b>OFFICE CLOSED IN HONOR OF VETERAN'S DAY</b> Club Meetings: RS Fairboard	12	13	14 Extension Board Meeting-RS	15	16
17 Club Meetings: AC/WW/LS/SF/CL	18	19	20 Club Meeting: WCV	21	22	23
24 Club Meetings: TT/EH EW Jr. Leaders	25 Club Meetings: RS Council RS JR. Leaders	26	27	28 Thanksgiving <b>OFFICE CLOSED THANKSGIVING HOLIDAY</b>	29 <b>OFFICE CLOSED THANKSGIVING HOLIDAY</b>	30

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## December 2024

AC-Ash Creek, BC-Big Creek, CL-County Liners, EH-Elkhorn,  
LS-Lonestar, SF-Sunflower, SS-Shooting Sports,  
TT-Trying Tommies, WW-Wilson Winners, WCV-Wolf Creek Valley

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Club Meetings: BC	2 Club Meetings: ECFA Meeting	3	4	5	6 <b>4-H ONLINE ENTRY DEADLINE FOR CLUB DAYS</b>	7
8	9 Club Meetings: RS Fairboard	10	11	12 Extension Board Meeting - EW	13	14
15 Club Meetings: AC/WW/LS/SF/CL	16	17	18 Club Meeting: WCV	19	20	21
22 EW Jr. Leaders Club Meetings: EH/TT	23	24 Christmas Eve	25 Christmas	26	27	28
29	30	31 New Year's Eve				